



Carver County

Family Resource Guide 2025-2026



CARVER
COUNTY



Public Health
Prevent. Promote. Protect.

Healthy Carver for a Lifetime

Carver County Public Health
Health and Human Services
600 Fourth Street East Chaska, MN
55318-2102

public-health@co.carver.mn.us
www.co.carver.mn.us
Phone (952) 361-1329

This directory is a general guide to resources and does not imply endorsement or recommendation by Carver County. The information is subject to change.

Emergency Phone Numbers

<u>Police-Fire-Medical Emergency</u>	911
<u>988 Suicide and Crisis Lifeline</u>	call or text 988
<u>Carver County Mental Health Crisis</u>	952.442.7601
<u>Poison Control Center</u>	1.800.222.1222
<u>National Domestic Violence Hotline</u>	1.800.799.SAFE (7233)
<u>National Sexual Assault Hotline</u>	1.800.656.HOPE (4673)

Assistance

Carver County has several programs to assist both adults and families in need. If you cannot find the program you are looking for, visit the Carver County website for more information.

Health and Economic Assistance

<u>Social Security Administration</u>	1.800.772.1213
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Some children and adults with disabilities meet eligibility criteria to get assistance to meet costs of necessary medical care and living expenses.

<u>Bridge to Benefits</u>	1.800.365.0270
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Bridge to Benefits is a project by Children's Defense Fund-Minnesota to improve the well-being of families and individuals by linking them to public support programs and tax credits.

www.bridgetobenefits.org

<u>Carver County Health and Human Services</u>	952.361.1600
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Programs include food and cash assistance, childcare assistance, emergency assistance, health care coverage and long-term care.

<u>Carver County Public Health</u>	952.361.1329
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Provides public health programs and services including low cost immunizations and health education, assistance connecting with local resources, and requests for health data.

CareerForce

952.361.1711

Programs include diversionary work program, dislocated worker program, senior employment, and youth programs.

Community Action Partnership of Carver-Scott-Dakota Counties

(CAP Agency)

952.496.2125

110 W 2nd St, Chaska

Services include Energy and Housing Assistance, Senior Meals on Wheels, Early Head Start-Head Start and Crisis Nursery. Local Import thrift store and food shelf located in Shakopee.

His House Foundation

612.325.4693

Direct services to families in need including financial and material assistance, food assistance, information and referrals.

Latino Voices

952.594.5220

Provides resources and support for the Latino community.

www.latinovoicesmn.org

Mi CASA

952.232.4265

Provides services to advance the wellbeing of the Latino community. Promotes health, inclusion, racial equity, and youth development.

<http://micasamn.org>

Food Assistance

Bountiful Basket Food Shelf

1600 Bavaria Rd, Chaska

952.556.0244

102 Lake St W, Cologne

952.988.2802

Gather and Grow Food Shelf

11 S Elm St, Waconia

952.442.3878

309 Lewis Ave S, Watertown

952.955.1980

Community Meals

St. John's Lutheran Church, 300 E 4th St, Chaska

Every Monday, 5:15-6:15 PM

Chaska Moravian Church, 115 E 4th St, Chaska

Second Saturday of the month, 11:30 AM-1:30 PM

St. Paul's Lutheran Church, 505 Westminster Ave SW, Watertown

First Thursday of the month, 5:30 PM

The Humanity Alliance

The Humanity Alliance provides meals for individuals and families. Their Weekend Meal Delivery program provides a weekend's worth of freshly made, nutritious meals. The meals are delivered each Friday right to your door. Meals are provided at no cost.

The Humanity Alliance™

Meals on Wheels

952.402.9855

Meals on Wheels, available through the Community Action Partnership of Carver-Scott-Dakota Counties (CAP Agency) provides home delivered meals to adults ages 60+. The suggested donation is \$5 per meal, but no one will be denied service if unable to pay.

seniornutrition@capagency.org

Minnesota Food Helpline

1.888.711.1151

www.hungersolutions.org

People Reaching Out to People (PROP)

952.937.9120

14700 Martin Drive, Eden Prairie

Southwest Carver County Food Shelf

952.467.1870

10 First Ave NE, Norwood-Young America

Women Infants & Children (WIC) Nutrition Program

952.818.3728

Chaska

For pregnant women and children up to age 5. WIC is a nutrition program that offers free nutritious foods and nutrition education to families.

For a complete list of organizations that offer food assistance, go to

www.findfoodcarvercounty.org

Clothing/Furniture Assistance

Bridging

952.888.1105

Bridging provides a basic home setup to those who need most items necessary to create a comfortable and functioning home.

www.bridging.org

CAP Agency Local Imports Store

952.402.9898

8085 Old Carriage Ct, Shakopee

Home Again Furnishings

952.442.2268

224 W First St, Waconia

Goodwill Retail Stores

Chanhassen **952.934.1354**
80 West 78th St, Chanhassen

Chaska **952.303.6827**
310 Pioneer Trail, Chaska

Shakopee **952.233.8897**
4450 12th Ave East, Shakopee

Love INC of Carver County **952.448.3261**

Serving the communities of School District 112-Chaska,
Chanhassen, Carver and Victoria and School District 110-Waconia,
St. Bonifacius, Cologne and New Germany

Love INC Heartland **763.999.7082**

Serving the communities of Mayer and Watertown

RAK (Random Acts of Kindness) **612.594.0047**

2460 Chaska Blvd, Chaska
701 Jefferson Ave SW, Watertown

Trending Upward Thrift Shoppe **952.261.2343**

141 Depot Dr, Waconia

Housing

211--United Way First Call for Help **211**

Carver County Emergency Assistance **952.361.1600**

Carver County Housing Unit Helpline **952.442.4496**

Helps connect individuals to housing resources in the community,
open Monday-Friday, 8-4:30 PM.

CAP Agency Housing Services **952 496.2125 (option 3)**

738 1st Ave E, Shakopee (serves Carver & Scott county)

Helps qualified individuals prevent eviction through financial
assistance and helps people experiencing homelessness navigate
the process of applying for and securing housing.

Carver County Community Development Agency **952.448.7715**

Provides affordable housing opportunities in Carver County.

Metro Shelter Hotline **1.888.234.1329**

Provides current shelter information.

Transportation

Metro Mobility

651.602.1111

Metro Mobility is a shared public transportation service for certified riders who are unable to use regular fixed-route buses due to a disability or health condition. Rides are provided for any purpose.

www.metrotransit.org/metro-mobility

SmartLink Transit

952.496.8341

Serving Carver and Scott Counties

SouthWest Prime

952.797.7463

SW Prime is an on-demand transit service for Eden Prairie, Carver, Chaska, Chanhassen and Victoria.

<https://swtransit.org/sw-prime/>

SouthWest Transit

952.949.2287

<https://swtransit.org/>

Water's Edge

952.442.7022

Non-emergency medical and special needs transportation to and from medical appointments.

www.watersedgemn.com

WeCAB

1.844.743.3932

WeCAB is a network of volunteers who provide safe, affordable, and flexible transportation.

<https://Wecab.org>

Health Insurance Coverage and Providers

MNsure

1.855.366.7873

A marketplace where Minnesotans can find, compare and choose quality health care coverage that best fits their needs and budget.

www.mnsure.org

Portico Healthnet

651.489.2273

Health insurance enrollment assistance.

www.porticohealthnet.org

BluePlus: www.bluecrossmn.com

- Customer Service: 651.662.5545 or 1.800.711.9862
- TTY/Hearing Impaired: 711
- BlueRide Transportation: 651.662.8648 or 1.866.340.8648
- Mental Health and Substance Use: 1.844.410.0745
- Dental Services: 651.406.5907 or 1.800.77.9049

- Nurse Line: 651.662.5545 or 1.800.711.9862
- Maternity Management: 1.800.711.9862
- Online Care: <https://doctorondemand.com>

Health Partners: www.healthpartners.com

- Customer Service: 952.967.7998 or 1.866.885.8880
- TTY/Hearing Impaired: 711
- RideCare Program: 952.883.7400 or 1.888.288.1439
- Mental Health and Substance Use: 1.888.638.8787
- Dental Services: 952.967.7998 or 1.866.885.8880
- Nurse CareLine: 612.339.3663 or 1.800.551.0859
- BabyLine: 612.333.2229 or 1.800.845.9297
- Online Care: www.virtuwell.com

Medica: www.medica.com

- Customer Service: 1.800.373.8335
- Provide-A-Ride call center: 952.992.2580 or 1.888.347.3630
- Mental Health: 1.800.848.8327
- Provide-A-Dentist: 651.406.5919 or 1.800.459.8574
- Nurse Line: 1.866.715.0915

UCare: www.ucare.org

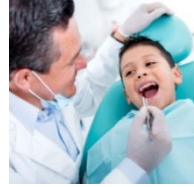
- Customer Service: 612.676.3200 or 1.800.203.7225
- TTY/Hearing Impaired: 612.676.6810 or 1.800.688.2534
- Health Ride: 612.676.6830 or 1.800.864.2157
- Mental Health and Substance Use: 1.833.276.1185
- Dental Services: 888.227.3310
- Nurse Line: 1.800.942.7858
- Pregnancy Advisor Nurse: 1.855.260.9708
- Online Care: www.virtuwell.com

Medical Assistance

- Member Help Desk: 651.431.2670 or 1.800.657.3738
- TTY/Hearing Impaired: Use your preferred relay service
- Transportation: Contact Smart Link 952.496.8341
Requires minimum of 3 business days' notice to guarantee transportation, contact your county worker to arrange transportation for urgent care.
- <https://mn.gov/dhs>

Dental

Preventive dental checkups should start when a baby's first tooth appears and continue to be done every 6 months. Preventive dental care is a paid benefit for people from birth to age 20 on Medical Assistance.



Dental Clinics Accepting Medical Assistance

Anderson Lakes Dental

952.942.0823

8775 Columbine Rd, Eden Prairie

Chaska Family Dental

952.234.7002

407 N Chestnut St, Chaska

Children's Dental Services

612.746.1530

Multiple locations available

Children birth to 26 and pregnant women of any age, offers sliding fees for uninsured

Dental Associates of Savage

952.440.2292

13899 Highway 13 South, Savage

Gentle Dentistry

1060 Hwy 15 South, Hutchinson

320.234.6677

7500 42nd Ave North, New Hope

763.252.6350

5001 Winnetka Ave North, New Hope

763.533.0055

Health Partners Dental Clinic

8455 Flying Cloud Dr, Eden Prairie

952.883.9040

8600 Nicollet Ave S, Bloomington

952.541.2888

5500 Excelsior Blvd, St Louis Park

952.853.9120

Health Partners only

Minnetonka Dental

952.474.7057

17909 Delton Ave, Minnetonka

Open Door Health Center

952.492.6342

115 Broadway St South, Suite 600, Jordan

Offers sliding fees for uninsured

Park Dental Chaska

952.361.0777

1150 Hazeltine Blvd, Chaska

Parkway Dental

952.937.2137

16518 W 78th St, Eden Prairie

<u>Sidky Family Dentistry</u>	952.405.8838
557 Prairie Center Dr, Eden Prairie	
<u>True North Community Dental Clinic</u>	952.403.5149
415 First Ave E, Shakopee	
Offers sliding fees for uninsured	
<u>University of Minnesota Pediatric Dental Clinic</u>	
701 25 th Ave South, Suite 400, Minneapolis	612.659.4900

For Children with Special Needs

<u>Camp Smile Pediatric Dentistry</u>	952.361.6759
111 Hundertmark Rd N, Suite 304, Chaska	
675 Water St, Suite 2, Excelsior	952.242.9200
<i>Children with special health care needs under age 14.</i>	
<u>Dentistry for Children and Adolescents</u>	
7373 France Ave South, Suite 402, Edina	952.831.4400
6060 Clearwater Dr, Suite 210, Minnetonka	952.932.0920
<i>Children with special health care needs under age 12.</i>	

Dental Clinics with Sliding Fee Scale

<u>Community Dental Care</u>	
3650 Braddock Ave NE, Ste 200, Buffalo	763.270.6900
3359 West Broadway Ave, Robbinsdale	763.270.5776
<u>Community University Health Care Center</u>	
2001 Bloomington Ave South, Minneapolis	612.301.0918
<u>Hope Dental Clinic</u>	651.789.7605
800 Minnehaha Ave E, Ste 465, St. Paul	
<u>Indian Health Board Dental Clinic</u>	612.721.9800
1315 East 24 th St, Minneapolis	
<u>NorthPoint Health and Wellness Center</u>	612.543.2500
1313 Penn Ave North, Minneapolis	
<u>Open Cities Health Center</u>	651.290.9200
409 North Dunlap St, St. Paul	
<u>People's Center Dental Clinic</u>	612.332.4973
3152 Minnehaha Ave South, Minneapolis	

[Sharing and Caring Hands](#)

612.596.3463

525 North 7th St, Minneapolis

*Dental services provided on a first-come, first-serve basis when a dentist is available.
Call for dates and times.*

[Southside Community Health Services](#)

612.822.9030

4243 South 4th Ave, Minneapolis

[University of Minnesota Dental School](#)

612.625.2495

515 Delaware St SE, Minneapolis

[University of Minnesota Pediatric Dentistry](#)

952.625.7171

515 Delaware St SE (6th floor)

Dental care for children ages 1 through 15.

Prevention Only Dental Clinics

[Normandale Dental Hygiene Clinic](#)

952.358.8608

9700 France Ave South, Bloomington

Preventive hygiene care for adults and children performed by dental students.

[Herzing University Dental Clinic](#)

763.231.3174

435 Ford Rd, 1st floor, St. Louis Park

Preventive hygiene care for adults and children over age 5 performed by dental hygiene students.

Medical Care



Child and Teen Checkups (C&TC) are wellness check-ups for people age 0-20 on Medical Assistance.

Wellness checkups are important for your child's health. They help identify health concerns at an early age and give a chance for early treatment.

Medical Clinics Accepting Medical Assistance

Chanhassen

[Park Nicollet Chanhassen Clinic](#)

952.993.4300

300 Lake Dr East, Chanhassen

Urgent Care services

[Ridgeview Chanhassen Clinic](#)

952.934.0570

7907 Powers Blvd, Chanhassen

Urgent Care service

Chaska

Allina Health Chaska Clinic

952.448.2050

111 Hundertmark Rd, Suite 220

Catalyst Medical Clinic

952.856.1046

1200 Chaska Creek Way, Suite 200

Lakeview Clinic-Chaska

952.556.0120

110105 Pioneer Tr, Chaska

Ridgeview Chaska Clinic

952.856.4001

111 Hundertmark Rd, Suite 115N, Chaska

South Lake Pediatrics

952.401.8300

111 Hundertmark Rd, Suite 210, Chaska

Two Twelve Medical Center

952.361.2447

111 Hundertmark Rd, Chaska

Emergency services

Wayzata Children's Clinic

952.448.3847

111 Hundertmark Rd, Suite 420, Chaska

Urgent Care services in Chaska and Minnetonka locations

Hopkins

myHealth for Teens and Young Adults

952.474.3251

15 8th Ave South, Hopkins

Offers a sliding fee scale. Serving teens and young adults, ages 12-26.

Norwood-Young America

Lakeview Clinic-West

952.467.2888

406 Faxon Rd, Norwood

Shakopee

Allina Health Clinic

4201 Dean Lakes Blvd, Suite 120, Shakopee

952.496.6700

1601 St. Francis Ave, Suite 100, Shakopee

952.428.3535

Metropolitan Pediatric Specialists

952.445.6700

1515 St. Francis Ave, Suite 100, Shakopee

Park Nicollet Shakopee Clinic

952.993.7750

1415 St. Francis Ave

St. Francis Regional Medical Center

952.428.3000

1455 St. Francis Ave, Shakopee

Emergency and urgent care services

Waconia

Lakeview Clinic-Waconia

952.442.4461

424 State Hwy 5 West

Ridgeview Medical Center

952.442.2191

500 South Maple St, Waconia

Emergency and urgent care services

Watertown

Catalyst Medical Clinic

952.955.1963

204 Lewis Ave South, Ste 201, Watertown

Lakeview Clinic-Watertown

952.955.1921

313 Territorial St E, Watertown

Children should see their doctor for a
Child and Teen Checkup (C&TC)

**Child and Teen
Checkups** 

- Between birth and 1 month of age
- At 2, 4, 6, 9, 12, 15, 18, 24, and 30 months
- Every year from age 3-20

Convenience Clinics accepting Medical Assistance

CVS MinuteClinic

Chaska (inside Target)

952.361.3766

111 Pioneer Trl, Chaska

Eden Prairie (inside CVS)

952.941.1266

8251 Columbine Rd, Eden Prairie

Minnetonka (inside Target)

952.401.3814

4848 County Rd 101, Minnetonka

Shakopee (inside CVS)

952.402.9039

4050 Dean Lakes Blvd, Shakopee

Waconia (inside Target)

952.442.9334

875 Main St, Waconia

Medical Clinics with Sliding Fee Scale

Community University Health Care Center

612.301.3433

2001 Bloomington Ave South, Minneapolis

Indian Health Board Clinic

612.721.9800

1315 East 24th St, Minneapolis

myHealth for Teens and Young Adults

952.474.3251

15 8th Ave South, Hopkins

Neighborhood HealthSource

612.588.9411

Central Clinic

2301 Central Ave NE, Minneapolis

Fremont Clinic

3300 Fremont Ave N, Minneapolis

Sheridan Clinic

342 13th Ave NE, Minneapolis

Northpoint Health and Wellness Center

612.543.2500

1133 Penn Ave North, Minneapolis

Open Cities Health Center

651.290.9200

409 North Dunlap St, St. Paul

People's Center Health Services

612.332.4973

425 20th Ave South, Minneapolis

Public Health Immunization Clinic

952.361.1329

600 East 4th St, Chaska

Immunizations for uninsured and underinsured adults and children.

River Valley Health Services

Chaska-East Creek Family Center, 303 East 6th St

952.452.0777

Wednesdays 9-11:30AM and Thursdays by appointment 2-7:30 PM

Shakopee-CAP Agency, 738 1st Ave E

Tuesdays 3:30-7:30 by appointment

Services provided are free of charge

Southside Medical & Behavioral Health

612.827.7181

324 East 35th St, Minneapolis

St. Mary's Health Clinic

651.287.7777

Provides free medical care for uninsured adults and children.

Medication and Prescription Assistance

GoodRx

Compare prescription drug prices and find coupons and discounts on prescription medications.

www.goodrx.com

Partnership for Prescription Assistance

Helps qualifying patients without prescription drug coverage to get the medicines they need for free or nearly free.

<https://www.helpingpatients.org/aethelp>

Rx Outreach

1.888.796.1234

Non-profit pharmacy working to provide affordable medications.

Hearing and Vision



Hearing and vision are important for child development. They help with parental bonding and learning in school.

Hearing Clinics Accepting Medical Assistance

Park Nicollet Audiology and Hearing

952.993.1880

Locations in Burnsville, St. Louis Park and Maple Grove

Health Partners only

Ridgeview Hearing Centers

952.925.5626

Ridgeview Chaska Clinic

111 Hundertmark Rd, Suite 115N, Chaska

Ridgeview Professional Building

560 South Maple St, Suite 40

Ridgeview Otolaryngology

Ridgeview Chaska Clinic

952.925.5626

111 Hundertmark Rd, Suite 115N, Chaska

Ridgeview Professional Building

560 South Maple St, Suite 40, Waconia

Vision Clinics Accepting Medical Assistance

Chanhassen

Clarkson Eyecare

952.934.1424

7872 Market Blvd, Chanhassen

Park Nicollet Eye Care

952.993.3150

300 Lake Dr East, Chanhassen

<u>Wink Family Eye Care</u>	952.937.9465
600 Market St, Suite 110, Chanhassen	
Chaska	
<u>Edina Eye Physicians & Surgeons</u>	952.832.8100
111 Hundertmark Rd, Suite 105N, Chaska	
<u>Pearle Vision</u>	952.368.2325
106 Pioneer Trail, Chaska	
<u>Southwest Eye Care</u>	
1200 Chaska Creek Way, Suite 110, Chaska	952.466.3937
Norwood/Young America	
<u>Southwest Eye Care</u>	
304 West Hwy 212, Norwood	952.467.2270
Victoria	
<u>Seek Eye Care</u>	612.800.7335
7940 Victoria Dr, Suite 103, Victoria	
Waconia	
<u>Edina Eye Physicians & Surgeons</u>	952.832.8100
560 South Maple St, Suite 110, Waconia	
<u>Lakeview Clinic</u>	952.442.4461
424 West Hwy 5, Waconia	
<u>Precision Eye Care</u>	952.442.2015
753 Marketplace Dr, Waconia	
Watertown	
<u>Southwest Eye Care</u>	952.955.3553
204 Lewis Ave South, Watertown	
<u>Watertown Eye Clinic</u>	952.955.2123
216 Lewis Ave South, Watertown	

Reproductive Health

<u>Annex Teen Clinic</u>	763.533.1316
5810 42 nd Ave North, Robbinsdale	
Reproductive and sexual health services for young people through age 25.	
<i>No one will be turned away for inability to pay.</i>	

Clinic 555

651.266.1255

555 Cedar St, St. Paul

Reproductive and sexual health services for teens and adults.

No one will be turned away for inability to pay.

Face to Face

651.772.5555

1165 Arcade St, St. Paul

Provides family planning, prenatal care, STI testing and treatment for youth ages 11-24.

Family Tree Clinic

612.473.0800

1919 Nicollet Ave, Minneapolis

Reproductive and sexual health services for teens and adults.

No one will be turned away for inability to pay.

MN Family Planning & STI Hotline

800.783.2287

Provides reliable, medically accurate and confidential information via phone, text (text ASKMN to 66746), and web chat (sexualhealthmn.org)

myHealth for Teens and Young Adults

952.767.8015

15 8th Ave South, Hopkins

Reproductive and sexual health services for ages 12-26.

No one will be turned away for inability to pay.

Planned Parenthood

Reproductive and sexual health services for teens and adults.

Apple Valley

952.890.0940

Eden Prairie

952.653.4499

Mankato

507.387.5581

Minneapolis

612.823.6300

Richfield

612.874.1420

Red Door

612.543.5555

525 Portland Ave South, Minneapolis

Provides family planning, STI screening and treatment, HIV testing.

No one will be turned away for inability to pay.

SAGE-MN Cancer Screening Program

888.643.2584

Screening and early detection of breast, cervical and colorectal cancers.

Screenings available at several clinics in Carver County.

Domestic Violence Resources

MN Day One Crisis Hotline

Statewide network of domestic violence, sexual assault, human trafficking, youth and community advocacy programs in MN

24-Hour Crisis Line call 866.223.1111 or text 612.399.9995

Sexual Violence Center

Support for everyone affected by sexual violence. Confidential services to survivors, their friends and their families free of charge

24-Hour Crisis Line 612.871.5111

Southern Valley Alliance

Crisis support, advocacy and education to victim-survivors of domestic violence.

24-Hour Crisis Line 952.873.4214

National Domestic Violence Hotline

Free and confidential support for people experiencing domestic violence. Help is available in Spanish and other languages.

24-Hour Crisis Line 800.799.SAFE (7233)

National Sexual Assault Hotline

Free crisis support

24-Hour Crisis Line 800.656.HOPE (4673)

Casa de Esperanza

Domestic violence and sexual assault counseling and resources.

24-Hour Bilingual Helpline 651.772.1611

Mental Health Services

Mental Health Crisis Resources

Carver County Mental Health Crisis

Mobile crisis services available throughout the county

24-Hour Crisis Line 952.442.7601

MN Crisis Text Line

Text "MN" to 741741

Free help for people across Minnesota who are having a mental health crisis or are contemplating suicide

988 Suicide and Crisis Lifeline

Free and confidential support for people in distress

24-Hour Crisis Line Call or text 988

Mental Health Providers

<u>Canvas Health</u> 2950 Metro Dr, Ste 200, Bloomington	651.777.5222
<u>Choices Psychotherapy</u> 7975 Stone Creek Dr, Ste 130, Chanhassen	952.544.6806
<u>Clinical and Developmental Services</u> 9352 Oak Ave, Waconia	952.955.4714
<u>Counseling & Therapeutic Support Services</u> 600 W 78 th St, Ste 10, Chanhassen	952.373.1855
<u>David Hoy & Associates</u> 1107 Hazeltine Blvd, Ste 121, Chaska	952.361.3360
<u>Ellie Mental Health</u> 600 Market St, Ste 220, Chanhassen	651.133.8080
<u>Fireside Counseling</u> 9352 Oak Ave, Waconia	952.373.1279
<u>First Street Center</u> 540 E 1 st St, Waconia	952.442.4437
<u>The Jonas Center</u> 107 Paul Ave N, Cologne	952.361.9700
<u>Lorenz Clinic</u> 1435 White Oak Dr, Ste 100, Chaska 1772 Stieger Lake Ln, Ste 220, Victoria	952.443.4600
<u>Marbigail Therapy Services</u> 562 Bavaria Ln, Chaska	612.260.1813
<u>myHealth for Teens and Young Adults</u> 15 8 th Ave S, Hopkins No one will be turned away for inability to pay.	952.767.8015
<u>NorthStar Regional</u> Various area locations available.	833.677.4673
<u>Nystrom & Associates</u> 1107 Hazeltine Blvd, Ste 370, Chaska	952.204.5623
<u>Prairie Care</u> Various metro locations available.	888.994.1464

St. David's Center

3395 Plymouth Rd, Minnetonka

952.939.0396

Stone Creek Psychiatry

7945 Stone Creek Dr, Ste 130, Chanhassen

952.241.4050

Parenting Assistance



No two children develop, grow or learn in the same way or do things at the same pace. There are many resources available for parents to help support their child's healthy growth and development.

Early Intervention and Parenting Support

Breast Feeding Support

- Carver County Public Health 952.361.1329
- Mom & Baby Connection 952.777.4646
- St Francis Lactation Center 952.428.2064
- WIC Program of Carver County 952.818.3728
- La Leche League-Carver County Chapter 952.222.6600
- National Breastfeeding Helpline 800.994.9662

Milk Moms: provider specializing in breast pumps and maternity supplies through insurance.

www.milkmoms.com

Car Seat Safety Resources

- Carver County Public Health 952.361.1329
- Chaska Police Department 952.448.4200
- St. Francis Regional Medical Center 866.904.9962

Carver County Public Health

952.361.1329

Child and Teen Checkups: Provides medical and dental resources for families with children age 0-20 on Medical Assistance and sends reminders when checkups are due.

Family Home Visiting: Provides education, resources, and support to pregnant women, new parents, and families.

Follow Along Program: A fun way for parents of children birth to age 3 to learn about their child's health and development.

<https://www.health.state.mn.us/people/childreneyouth/fap/index.html>

Immunization Clinic: Provides immunizations to those who do not have health insurance or whose insurance does not cover immunizations.

Early Childhood Family Education (ECFE) Programs

Chaska, Chanhassen, Victoria, Carver (ISD 112) **952.556.6407**

Waconia, New Germany, St. Bonifacius (ISD 110) **952.442.0613**

NYA, Hamburg, Cologne (ISD 108) **952.467.7390**

Watertown, Mayer (ISD 111) **952.955.0280**

Chanhassen, Excelsior, Minnetonka (ISD 276) **952.401.6812**

Offers a variety of classes and resources for parents and children

Everyday Miracles **612.353.6293**

Resources to help parents and potential parents succeed in the parenting role including childbirth education, breastfeeding, parenting classes, doula support, breast pumps and car seats.

www.everyday-miracles.org

Head Start & Early Head Start **651.322.3500**

Promotes school readiness of children ages 3 to 5 by providing quality preschool experience. Early Head Start provides services for each family from pregnancy to age 3.

Help Me Connect

Online navigator connecting families to programs and services to support healthy child development and family well-being.

<https://helpmeconnect.web.health.state.mn.us/HelpMeConnect>

Help Me Grow **866.693.4769**

Resources about development of young children for parents, including information on developmental milestones and screening and evaluation if you have concerns.

www.helpmegrowmn.org

Emergency Support and Assistance

CAP Agency Services **952.496.2125**

Child Care Resources, Energy Assistance, Crisis Assistance Funds

Crisis Nursery of Scott & Carver County **612.839.5101**

Support to parents in crisis by providing voluntary short-term care for their children by licensed providers.

Public Health Information & Resources **952.361.1329**

Call for information about public health programs and services, assistance connecting with local resources, or requests for health data.